

# YEAR 1 Hints for helping your Nursing students learn

<p><b>Nursing care, knowledge &amp; skills</b></p>	<ul style="list-style-type: none"> <li>• Take and record vital signs</li> <li>• Making beds</li> <li>• Assisting patients with their ADL</li> <li>• Helping patients at meal times</li> <li>• Spending time learning the basics about patients conditions in that setting and observation of how the conditions are managed</li> <li>• Taking responsibility (under supervision) for a patient with less complex needs</li> </ul>	<p><b>How would you respond?</b></p>
<p><b>Relationships &amp; communication</b></p>	<ul style="list-style-type: none"> <li>• Spending time talking with patients to develop confidence in communication</li> <li>• In more complex situations – allow student to observe the RN or other people in the team</li> <li>• Being a role model for the student</li> </ul>	<p><b>Why?</b></p>
<p><b>Assessment &amp; the patient journey</b></p>	<ul style="list-style-type: none"> <li>• Observing the RN deliver care to the patient</li> <li>• Observing an admission and discharge</li> <li>• Sitting in on the MDT Meeting</li> <li>• Ask students about their observations</li> </ul>	<p><b>How would you have done it differently?</b></p>
<p><b>Medication</b></p>	<ul style="list-style-type: none"> <li>• Learning about medications in the setting.</li> <li>• Observing and participation of a medication round</li> <li>• Pick out 1- 2 common medications in the setting and ask the student to learn about it</li> </ul>	<p><b>What did you notice about the situation/patient?</b></p>
<p><b>Team work</b></p>	<ul style="list-style-type: none"> <li>• Talking to the student about team work</li> <li>• Allowing student to support other people in the team if they notice they're busy</li> </ul>	<p><b>What did you think was happening?</b></p>
<p><b>The MDT</b></p>	<ul style="list-style-type: none"> <li>• Explaining the roles of the MDT</li> <li>• Spending time with other members of the MDT e.g. a visit to a clinic linked to ward</li> </ul>	<p><b>How did you think the situation/interaction/incident went?</b></p>
<p><b>Profession &amp; professionalism</b></p>	<ul style="list-style-type: none"> <li>• Demonstrating respect for client and for team members</li> <li>• Tell students it's OK to ask for help – starting to understand scope of practice</li> </ul>	<p><b>What did you think was happening?</b></p>
<p><b>Safety</b></p>	<ul style="list-style-type: none"> <li>• Students should understand the health and safety issues</li> <li>• Ask them to explain differences in working in different settings (e.g. MH or in a patient's own home)</li> </ul>	<p><b>How did you think the situation/interaction/incident went?</b></p>
<p><b>Legislation / policy</b></p>	<ul style="list-style-type: none"> <li>• Talk to student about policies in that area e.g. Infection control, cultural safety and Mental Health Act.</li> <li>• Ask students to read relevant policies</li> </ul>	<p><b>How would you have responded?</b></p>
		<p><b>“What would you do differently next time?”</b></p>